

# Client Information Form-Adult

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Date: \_\_\_\_\_

Name: \_\_\_\_\_ Date of birth: \_\_\_\_\_ Gender: \_\_\_\_\_

Race/Ethnicity: \_\_\_\_\_ Marital Status:  Single  Married  Divorced  Separated

Name of spouse/partner if applicable: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Home phone number: \_\_\_\_\_ Cell: \_\_\_\_\_ Work: \_\_\_\_\_

## Employment:

Employer: \_\_\_\_\_

Address: \_\_\_\_\_ Telephone: \_\_\_\_\_

Job Title: \_\_\_\_\_ Full or part time \_\_\_\_\_

## In case of an emergency contact:

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Relationship: \_\_\_\_\_

Please provide names and ages of others in your household.

\_\_\_\_\_  
\_\_\_\_\_

Briefly describe why you are here:

\_\_\_\_\_

Describe your therapy goals:

\_\_\_\_\_

Describe your hobbies or recreational interests:

\_\_\_\_\_

Please list at least three things you like about yourself:

\_\_\_\_\_

## Family History:

Have you experienced the death of significant family members?  yes  no

If yes, whom? \_\_\_\_\_ Year of death \_\_\_\_\_

My family medical history includes (circle all that apply):

Diabetes	Substance Abuse	Suicide	Bi-polar Disorder	Psychiatric Hospitalizations	Schizophrenia.
Depression	Heart Problems	Anxiety	Cancer	Other medical issues: _____	

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## Religious History:

Did you practice a religious/spiritual belief while growing up?  yes  no

If yes please define: \_\_\_\_\_

Do you practice a religious or spiritual belief now?  yes  no

If yes, please define: \_\_\_\_\_

## Educational History:

Did you graduate from high school?  yes  no If yes, when? \_\_\_\_\_

Did you graduate from college?  yes  no If yes, when? \_\_\_\_\_

Are you currently attending school?  yes  no If yes, where? \_\_\_\_\_

## Legal History:

Do you have a history of contact with legal enforcement?  yes  no

If yes, please explain: \_\_\_\_\_

Do you have any current pending charges?  yes  no If currently on probation/parole:

Name of probation/parole officer: \_\_\_\_\_ Telephone: \_\_\_\_\_

## Medical History:

Primary Care Physician: \_\_\_\_\_

Address: \_\_\_\_\_ Telephone: \_\_\_\_\_

Have you had a physical within the last 12 months?  yes  no

My Physical health is:  good  fair  poor

Please circle any of the following chronic disease or disorders you have been diagnosed with:

- |                |                |                     |           |           |
|----------------|----------------|---------------------|-----------|-----------|
| Head Injury    | Hypoglycemia   | High Blood Pressure | Migraines | Diabetes  |
| Heart Problems | Thyroid issues | Liver disorders     | Seizures  | Ulcers    |
| Sleep disorder | Cancer         | Weight loss/Gain    | Hepatitis | Headaches |

Other (please explain): \_\_\_\_\_

Are you allergic to any medication or food?  yes  no If yes, please describe: \_\_\_\_\_

Current medications (prescribed and over the counter): \_\_\_\_\_

Are you experiencing any changes in appetite or sleep?  yes  no If yes, please circle all that apply:

- |                    |                    |              |  |  |
|--------------------|--------------------|--------------|--|--|
| Increased appetite | Decreased appetite | Binging      | I do not eat a wide variety of healthy foods | I have made myself throw-up after eating |
| Increased sleep    | Decreased sleep    | Night Waking | Difficult to wake in the morning             |  |

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Please circle any of the following that you are experiencing currently:

- |  |                           |                                      |                    |
|--|---------------------------|--------------------------------------|--------------------|
| Sadness                                | Guilt                     | Reduced interest in activities       | Irritability/anger |
| Reduced energy                         | Difficulty thinking       | Suicidal thoughts                    | Suicide attempts   |
| Intentional self-injury                | Feeling hopeless          | Extreme changes in mood              | Sexual concerns    |
| Worries                                | Fears                     | Poor memory                          | Stress             |
| Difficulty concentrating               | Restlessness              | Easily distracted                    | Rapid speech       |
| History of abuse as child              | History of abuse as adult | Problems at work                     | Isolation          |
| Conflict with others                   | Physical aggression       | Verbal threats to others             | Anxiety            |
| Hearing things that others cannot hear |                           | Seeing things that others do not see |                    |
- Other (please explain): \_\_\_\_\_

How long have you had these concerns? \_\_\_\_\_

How often do they occur? \_\_\_\_\_

Do you use alcohol/drugs?  yes  no Do you smoke?  yes  no If so how much? \_\_\_\_\_

### Prior Mental Health Treatment History:

Please complete the following if you have a history of therapeutic services:

Where	When	Diagnosis	Current Status

Have you been hospitalized for psychiatric issues?  yes  no

If yes, name of psychiatric facility: \_\_\_\_\_ Date of discharge: \_\_\_\_\_

Have you ever been physically, emotionally or sexually abused?  yes  no

Have you ever had suicidal thoughts?  yes  no

Have you ever intentionally hurt yourself?  yes  no

Have you ever intentionally hurt someone else?  yes  no

Do you feel hopeful about the future?  yes  no

By signing below, I acknowledge that the Client Rights/Responsibilities and Notice of Privacy Practices notice for Michelle D. Scheu, LSCSW, LLC is posted on mscheu.com and in the office. I may receive/waive receipt of a copy of this document at the time of first appointment.

\_\_\_\_\_  
 Client or Responsible Party Signature Date Relationship